



35. Silberberglauf
Möhrenbach/ Thüringen / 02.05.2015

Detailed evaluation

Siebenhaar, Volker

Club: Ilmenau
Number: 677

Course: 11.00 km
Hauptlauf

Category:
Senioren M50 (50-54 Jahre)

Total time: 1:01:14

Speed: 10.78 km/h
Running performance: 5:34 min/km

Rank in course/Total: 52 (of 75)

Rank in course/Men: 48 (of 61)

Best time in course: 43:01

Rank in category: 6(of 8)

Best time in the category: 50:34