



35. Silberberglauf  
Möhrenbach/ Thüringen / 02.05.2015

Detailed evaluation

Thomas, Frank

Club: LAV Saale-Rennsteig  
Number: 729

Course: 18.00 km  
Großer Lauf

Category:  
Senioren M50 (50-54 Jahre)

Total time: 1:28:38

Speed: 12.19 km/h  
Running performance: 4:55 min/km

Rank in course/Total: 24 (of 52)

Rank in course/Men: 23 (of 45)

Best time in course: 1:13:40

Rank in category: 6(of 13)

Best time in the category: 1:14:09