



35. Silberberglauf  
Möhrenbach/ Thüringen / 02.05.2015

Detailed evaluation

Sachs, Frank

Club: Dream Team Ilmenau  
Number: 737

Course: 18.00 km  
Großer Lauf

Category:  
Senioren M50 (50-54 Jahre)

Total time: 1:31:36

Speed: 11.79 km/h  
Running performance: 5:05 min/km

Rank in course/Total: 31 (of 52)

Rank in course/Men: 30 (of 45)

Best time in course: 1:13:40

Rank in category: 8(of 13)

Best time in the category: 1:14:09