



17. Slusialauf
Schleusingen / 26.04.2015

Detailed evaluation

Ahrendt, Jörg

Club: LG Frauenwald
Number: 427

Course: 14.10 km
Hauptlauf

Category:
Senioren M45 (45-49 Jahre)

Total time: 58:38

Speed: 14.33 km/h
Running performance: 4:10 min/km

Rank in course/Total: 6 (of 56)

Rank in course/Men: 6 (of 44)

Best time in course: 52:35

Rank in category: 2(of 8)

Best time in the category: 54:33