



17. Slusialauf
Schleusingen / 26.04.2015

Detailed evaluation

Westhäuser, Horst

Club: SV EK Veilsdorf
Number: 397

Course: 21.10 km
Halbmarathon

Category:
Senioren M55 (55-59 Jahre)

Total time: 1:36:56

Speed: 13.00 km/h
Running performance: 4:35 min/km

Rank in course/Total: 5 (of 27)

Rank in course/Men: 5 (of 22)

Best time in course: 1:26:52

Rank in category: 1(of 1)

Best time in the category: 1:36:56

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Start Bergsprint	3.40	16:59	4:59	1	-	5	1:59	3.40	16:59	4:59	1	-	5	1:59
Ziel Bergsprint	0.40	2:10	5:24	1	-	8	0:29	3.80	19:09	5:02	1	-	5	2:26
Finish	17.30	1:17:47	4:29	1	-	5	7:38	21.10	1:36:56	4:35	1	-	5	10:04