



17. Slusialauf
Schleusingen / 26.04.2015

Detailed evaluation

Hesse, Martin

Club: Frankfurt
Number: 62

Course: 21.10 km
Halbmarathon

Category:
Senioren M30 (30-34 Jahre)

Total time: 1:50:19

Speed: 11.42 km/h
Running performance: 5:14 min/km

Rank in course/Total: 14 (of 27)

Rank in course/Men: 13 (of 22)

Best time in course: 1:26:52

Rank in category: 2(of 2)

Best time in the category: 1:28:43

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Start Bergsprint	3.40	19:14	5:39	2	4:08	14	4:14	3.40	19:14	5:39	2	4:08	14	4:14
Ziel Bergsprint	0.40	2:04	5:10	2	0:05	6	0:23	3.80	21:18	5:36	2	4:13	13	4:35
Finish	17.30	1:29:01	5:08	2	17:23	13	18:52	21.10	1:50:19	5:13	2	21:36	13	23:27