



17. Slusialauf
Schleusingen / 26.04.2015

Detailed evaluation

Vater, Georg

Club: Rennsteiglaufverein
Number: 424

Course: 21.10 km
Halbmarathon

Category:
Senioren M45 (45-49 Jahre)

Total time: 1:53:00

Speed: 11.15 km/h
Running performance: 5:22 min/km

Rank in course/Total: 15 (of 27)

Rank in course/Men: 14 (of 22)

Best time in course: 1:26:52

Rank in category: 4(of 7)

Best time in the category: 1:35:51

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Start Bergsprint	3.40	18:43	5:30	4	2:02	10	3:43	3.40	18:43	5:30	4	2:02	10	3:43
Ziel Bergsprint	0.40	2:38	6:34	5	0:57	15	0:57	3.80	21:21	5:37	4	2:59	14	4:38
Finish	17.30	1:31:39	5:17	4	14:10	14	21:30	21.10	1:53:00	5:21	4	17:09	14	26:08