



17. Slusialauf
Schleusingen / 26.04.2015

Detailed evaluation

Usbeck, Martina

Club: Floh-Seligenthal
Number: 421

Course: 21.10 km
Halbmarathon

Category:
Seniorinnen W35 (35-39 Jahre)

Total time: 2:06:57

Speed: 9.93 km/h
Running performance: 6:01 min/km

Rank in course/Total: 20 (of 27)

Rank in course/Women: 2 (of 5)

Best time in course: 1:41:36

Rank in category: 1(of 1)

Best time in the category: 2:06:57

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Stage score				Total ranking						
				Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Start Bergsprint	3.40	20:44	6:05	1	-	2	3:17	3.40	20:44	6:05	1	-	2	3:17
Ziel Bergsprint	0.40	2:52	7:09	1	-	2	0:44	3.80	23:36	6:12	1	-	2	4:01
Finish	17.30	1:43:21	5:58	1	-	2	21:20	21.10	2:06:57	6:00	1	-	2	25:21