



18. Sondershäuser Kristall-Lauf

Brügman-Schacht Sondershausen / 24.10.2015

Detailed evaluation

Fink, Andreas

Club: OBETA
Number: 74

Course: 9.40 km
10 km (680 m unter der Erdoberfläche)

Category:
Männer 50 bis 59 Jahre

Total time: 45:55

Speed: 11.76 km/h
Running performance: 4:53 min/km

Rank in course/Total: 102 (of 373)

Rank in course/Men: 96 (of 286)

Best time in course: 31:07

Rank in category: 17(of 80)

Best time in the category: 36:02

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total		Total		Total		Pos Cat.	Behind Cat.	Pos Men	Behind Men	
								km	Time	min/km	Pos	Behind	Pos					Behind
Rundenzeit	2.20	10:30	4:46	23	2:41	116	3:28	2.20	10:30	4:46	23	2:41	116	3:28				
Rundenzeit	1.80	8:35	4:46	17	1:44	99	2:37	4.00	19:05	4:46	22	4:25	107	6:05				
Rundenzeit	1.80	8:46	4:52	15	1:41	92	2:38	5.80	27:51	4:48	21	6:06	103	8:40				
Rundenzeit	1.80	9:06	5:03	20	1:59	107	3:03	7.60	36:57	4:51	20	7:56	103	11:43				
Finish	1.80	8:58	4:58	18	8:49	94	8:49	9.40	45:55	4:53	17	9:53	100	14:48				