



18. Sondershäuser Kristall-Lauf  
Brügman-Schacht Sondershausen / 24.10.2015

Detailed evaluation

Ballier, Klaus

Club: TuS Breitscheid  
Number: 10

Course: 9.40 km  
10 km (680 m unter der Erdoberfläche)

Category:  
Männer 50 bis 59 Jahre

Total time: 46:02

Speed: 11.73 km/h  
Running performance: 4:54 min/km

Rank in course/Total: 104 (of 373)

Rank in course/Men: 97 (of 286)

Best time in course: 31:07

Rank in category: 18(of 80)

Best time in the category: 36:02

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Rundenzeit	2.20	10:39	4:50	24	2:50	119	3:37	2.20	10:39	4:50	24	2:50	119	3:37
Rundenzeit	1.80	8:43	4:50	22	1:52	113	2:45	4.00	19:22	4:50	24	4:42	115	6:22
Rundenzeit	1.80	8:50	4:54	19	1:45	100	2:42	5.80	28:12	4:51	22	6:27	106	9:01
Rundenzeit	1.80	8:52	4:55	13	1:45	88	2:49	7.60	37:04	4:52	21	8:03	106	11:50
Finish	1.80	8:58	4:58	18	8:49	94	8:49	9.40	46:02	4:53	18	10:00	101	14:55