



18. Sondershäuser Kristall-Lauf
Brügman-Schacht Sondershausen / 24.10.2015

Detailed evaluation

Baumgarten, Sven

Club: Eaton Germany GmbH
Number: 17

Course: 9.40 km
10 km (680 m unter der Erdoberfläche)

Category:
Männer 30 bis 39 Jahre

Total time: 46:21

Speed: 11.65 km/h
Running performance: 4:56 min/km

Rank in course/Total: 108 (of 373)

Rank in course/Men: 101 (of 286)

Best time in course: 31:07

Rank in category: 33(of 57)

Best time in the category: 31:07

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Rundenzeit	2.20	9:20	4:14	23	2:18	57	2:18	2.20	9:20	4:14	23	2:18	57	2:18
Rundenzeit	1.80	8:25	4:40	30	2:27	88	2:27	4.00	17:45	4:26	25	4:45	69	4:45
Rundenzeit	1.80	9:19	5:10	35	3:11	128	3:11	5.80	27:04	4:40	29	7:53	85	7:53
Rundenzeit	1.80	9:36	5:19	35	3:33	137	3:33	7.60	36:40	4:49	30	11:26	97	11:26
Finish	1.80	9:41	5:22	36	3:50	139	9:32	9.40	46:21	4:55	33	15:14	105	15:14