



18. Sondershäuser Kristall-Lauf  
Brügman-Schacht Sondershausen / 24.10.2015

Detailed evaluation

Lulei, Bettina

Club: Running Bros Coburg  
Number: 221

Course: 9.40 km  
10 km (680 m unter der Erdoberfläche)

Category:  
Frauen 30 bis 39 Jahre

Total time: 47:58

Speed: 11.76 km/h  
Running performance: 5:06 min/km

Rank in course/Total: 124 (of 373)

Rank in course/Women: 10 (of 87)

Best time in course: 42:15

Rank in category: 2(of 19)

Best time in the category: 42:18

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Stage score				Total ranking						
				Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Rundenzeit	2.20	10:48	4:54	5	2:20	14	2:20	2.20	10:48	4:54	5	2:20	14	2:20
Rundenzeit	1.80	8:37	4:47	3	1:18	5	1:18	4.00	19:25	4:51	3	3:38	9	3:38
Rundenzeit	1.80	9:11	5:06	3	1:20	11	1:20	5.80	28:36	4:55	3	4:58	9	4:58
Rundenzeit	1.80	9:32	5:17	4	1:28	13	1:28	7.60	38:08	5:01	3	6:26	10	6:26
Finish	1.80	9:50	5:27	5	1:36	22	1:36	9.40	47:58	5:06	3	19:10	14	19:10