



18. Sondershäuser Kristall-Lauf  
Brügman-Schacht Sondershausen / 24.10.2015

Detailed evaluation

Schneider, Dirk

Club: MTB RACE TEAM  
Number: 330

Course: 9.40 km  
10 km (680 m unter der Erdoberfläche)

Category:  
Männer 40 bis 49 Jahre

Total time: 48:05

Speed: 11.73 km/h  
Running performance: 5:07 min/km

Rank in course/Total: 127 (of 373)

Rank in course/Men: 115 (of 286)

Best time in course: 31:07

Rank in category: 35(of 91)

Best time in the category: 33:10

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Rundenzeit	2.20	10:25	4:44	35	3:15	111	3:23	2.20	10:25	4:44	35	3:15	111	3:23
Rundenzeit	1.80	9:07	5:03	46	2:46	138	3:09	4.00	19:32	4:53	42	6:01	123	6:32
Rundenzeit	1.80	9:22	5:12	42	2:53	130	3:14	5.80	28:54	4:58	41	8:54	125	9:43
Rundenzeit	1.80	9:27	5:14	40	2:49	122	3:24	7.60	38:21	5:02	39	11:43	122	13:07
Finish	1.80	9:44	5:24	50	3:12	148	9:35	9.40	48:05	5:06	37	14:55	119	16:58