



18. Sondershäuser Kristall-Lauf  
Brügman-Schacht Sondershausen / 24.10.2015

Detailed evaluation

Klages, Hartmut

Club: MTV Müden/Örtze  
Number: 168

Course: 9.40 km  
10 km (680 m unter der Erdoberfläche)

Category:  
Männer 50 bis 59 Jahre

Total time: 36:02

Speed: 15.65 km/h  
Running performance: 3:50 min/km

Rank in course/Total: 13 (of 373)

Rank in course/Men: 13 (of 286)

Best time in course: 31:07

Rank in category: 1(of 80)

Best time in the category: 36:02

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Rundenzeit	2.20	7:49	3:33	1	-	14	0:47	2.20	7:49	3:33	1	-	14	0:47
Rundenzeit	1.80	6:51	3:48	1	-	13	0:53	4.00	14:40	3:39	1	-	14	1:40
Rundenzeit	1.80	7:05	3:56	1	-	13	0:57	5.80	21:45	3:45	1	-	14	2:34
Rundenzeit	1.80	7:16	4:02	2	0:09	17	1:13	7.60	29:01	3:49	1	-	14	3:47
Finish	1.80	7:01	3:53	3	6:52	16	6:52	9.40	36:02	3:49	1	-	13	4:55