



18. Sondershäuser Kristall-Lauf
Brügman-Schacht Sondershausen / 24.10.2015

Detailed evaluation

Weissgerber, Gerd

Club: Bad Leubnitztal
Number: 405

Course: 9.40 km
10 km (680 m unter der Erdoberfläche)

Category:
Männer 50 bis 59 Jahre

Total time: 48:31

Speed: 11.62 km/h
Running performance: 5:10 min/km

Rank in course/Total: 137 (of 373)

Rank in course/Men: 123 (of 286)

Best time in course: 31:07

Rank in category: 29(of 80)

Best time in the category: 36:02

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Rundenzeit	2.20	10:48	4:54	25	2:59	125	3:46	2.20	10:48	4:54	25	2:59	125	3:46
Rundenzeit	1.80	8:56	4:57	28	2:05	129	2:58	4.00	19:44	4:56	27	5:04	127	6:44
Rundenzeit	1.80	9:22	5:12	32	2:17	130	3:14	5.80	29:06	5:01	27	7:21	129	9:55
Rundenzeit	1.80	9:34	5:18	30	2:27	131	3:31	7.60	38:40	5:05	29	9:39	129	13:26
Finish	1.80	9:51	5:28	37	9:42	155	9:42	9.40	48:31	5:09	29	12:29	127	17:24