



18. Sondershäuser Kristall-Lauf
Brügman-Schacht Sondershausen / 24.10.2015

Detailed evaluation

Faustmann, Marcus

Club: Peakformance
Number: 70

Course: 9.40 km
10 km (680 m unter der Erdoberfläche)

Category:
Männer 30 bis 39 Jahre

Total time: 48:51

Speed: 11.05 km/h
Running performance: 5:12 min/km

Rank in course/Total: 141 (of 373)

Rank in course/Men: 126 (of 286)

Best time in course: 31:07

Rank in category: 36(of 57)

Best time in the category: 31:07

Intermediate times

Stage score

Total ranking

| Control | Split km | Split Time | Split min/km | Pos Cat. | Behind Cat. | Stage score | | Total ranking | | | | | | | |
|------------|-------------|---------------|-----------------|-------------|----------------|-------------|---------------|---------------|---------------|-----------------|-------------|----------------|------------|---------------|--|
| | | | | | | Pos Men | Behind Men | Total km | Total Time | Total min/km | Pos Cat. | Behind Cat. | Pos Men | Behind Men | |
| Rundenzeit | 2.20 | 10:40 | 4:50 | 35 | 3:38 | 120 | 3:38 | 2.20 | 10:40 | 4:50 | 35 | 3:38 | 120 | 3:38 | |
| Rundenzeit | 1.80 | 9:13 | 5:07 | 38 | 3:15 | 144 | 3:15 | 4.00 | 19:53 | 4:58 | 38 | 6:53 | 134 | 6:53 | |
| Rundenzeit | 1.80 | 9:29 | 5:16 | 38 | 3:21 | 138 | 3:21 | 5.80 | 29:22 | 5:03 | 38 | 10:11 | 135 | 10:11 | |
| Rundenzeit | 1.80 | 10:10 | 5:38 | 39 | 4:07 | 172 | 4:07 | 7.60 | 39:32 | 5:12 | 38 | 14:18 | 143 | 14:18 | |
| Finish | 1.80 | 9:19 | 5:10 | 33 | 3:28 | 116 | 9:10 | 9.40 | 48:51 | 5:11 | 36 | 17:44 | 130 | 17:44 | |