



18. Sondershäuser Kristall-Lauf  
Brügman-Schacht Sondershausen / 24.10.2015

Detailed evaluation

Kudlek, Mathias

Club: Hartmanns Reste  
Number: 193

Course: 9.40 km  
10 km (680 m unter der Erdoberfläche)

Category:  
Männer 50 bis 59 Jahre

Total time: 49:26

Speed: 10.92 km/h  
Running performance: 5:16 min/km

Rank in course/Total: 153 (of 373)

Rank in course/Men: 136 (of 286)

Best time in course: 31:07

Rank in category: 35(of 80)

Best time in the category: 36:02

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Rundenzeit	2.20	10:16	4:40	21	2:27	107	3:14	2.20	10:16	4:40	21	2:27	107	3:14
Rundenzeit	1.80	9:07	5:03	33	2:16	138	3:09	4.00	19:23	4:50	25	4:43	116	6:23
Rundenzeit	1.80	9:40	5:22	40	2:35	157	3:32	5.80	29:03	5:00	26	7:18	128	9:52
Rundenzeit	1.80	10:28	5:48	47	3:21	185	4:25	7.60	39:31	5:11	36	10:30	142	14:17
Finish	1.80	9:55	5:30	38	9:46	157	9:46	9.40	49:26	5:15	35	13:24	140	18:19