



18. Sondershäuser Kristall-Lauf  
Brügman-Schacht Sondershausen / 24.10.2015

Detailed evaluation

Kubiska, Miroslav

Club: AC Domašlice  
Number: 190

Course: 9.40 km  
10 km (680 m unter der Erdoberfläche)

Category:  
Männer 50 bis 59 Jahre

Total time: 51:57

Speed: 10.86 km/h  
Running performance: 5:32 min/km

Rank in course/Total: 192 (of 373)

Rank in course/Men: 166 (of 286)

Best time in course: 31:07

Rank in category: 38(of 80)

Best time in the category: 36:02

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Rundenzeit	2.20	9:38	4:22	10	1:49	72	2:36	2.20	9:38	4:22	10	1:49	72	2:36
Rundenzeit	1.80	8:02	4:27	8	1:11	62	2:04	4.00	17:40	4:25	9	3:00	67	4:40
Rundenzeit	1.80	8:30	4:43	10	1:25	73	2:22	5.80	26:10	4:30	9	4:25	68	6:59
Rundenzeit	1.80	8:37	4:47	11	1:30	74	2:34	7.60	34:47	4:34	9	5:46	69	9:33
Finish	1.80	17:10	9:32	74	17:01	260	17:01	9.40	51:57	5:31	38	15:55	170	20:50