



18. Sondershäuser Kristall-Lauf

Brügman-Schacht Sondershausen / 24.10.2015

Detailed evaluation

Busch, Jochen

Club: Glashütten
Number: 55

Course: 9.40 km
10 km (680 m unter der Erdoberfläche)

Category:
Männer 50 bis 59 Jahre

Total time: 52:14

Speed: 10.34 km/h
Running performance: 5:34 min/km

Rank in course/Total: 196 (of 373)

Rank in course/Men: 169 (of 286)

Best time in course: 31:07

Rank in category: 39(of 80)

Best time in the category: 36:02

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Rundenzeit	2.20	11:30	5:13	39	3:41	170	4:28	2.20	11:30	5:13	39	3:41	170	4:28
Rundenzeit	1.80	9:24	5:13	41	2:33	166	3:26	4.00	20:54	5:13	40	6:14	167	7:54
Rundenzeit	1.80	9:47	5:26	41	2:42	162	3:39	5.80	30:41	5:17	41	8:56	163	11:30
Rundenzeit	1.80	10:26	5:47	46	3:19	184	4:23	7.60	41:07	5:24	41	12:06	168	15:53
Finish	1.80	11:07	6:10	51	10:58	203	10:58	9.40	52:14	5:33	39	16:12	173	21:07