



18. Sondershäuser Kristall-Lauf
Brügman-Schacht Sondershausen / 24.10.2015

Detailed evaluation

Schöne, Stephanie

Club: Böhlen
Number: 334

Course: 9.40 km
10 km (680 m unter der Erdoberfläche)

Category:
Frauen 40 bis 49 Jahre

Total time: 54:16
Speed: 10.39 km/h
Running performance: 5:46 min/km
Rank in course/Total: 219 (of 373)
Rank in course/Women: 32 (of 87)
Best time in course: 42:15
Rank in category: 12(of 34)
Best time in the category: 42:15

Intermediate times

Stage score

Total ranking

| Control | Split km | Split Time | Split min/km | Stage score | | | | Total ranking | | | | | | |
|------------|-------------|---------------|-----------------|-------------|----------------|--------------|-----------------|---------------|---------------|-----------------|-------------|----------------|--------------|-----------------|
| | | | | Pos Cat. | Behind Cat. | Pos Women | Behind Women | Total km | Total Time | Total min/km | Pos Cat. | Behind Cat. | Pos Women | Behind Women |
| Rundenzeit | 2.20 | 13:14 | 6:00 | 23 | 4:04 | 60 | 4:46 | 2.20 | 13:14 | 6:00 | 23 | 4:04 | 60 | 4:46 |
| Rundenzeit | 1.80 | 9:39 | 5:21 | 11 | 1:42 | 25 | 2:20 | 4.00 | 22:53 | 5:43 | 17 | 5:46 | 49 | 7:06 |
| Rundenzeit | 1.80 | 9:53 | 5:29 | 9 | 1:44 | 21 | 2:02 | 5.80 | 32:46 | 5:38 | 14 | 7:30 | 34 | 9:08 |
| Rundenzeit | 1.80 | 10:46 | 5:58 | 13 | 2:23 | 34 | 2:42 | 7.60 | 43:32 | 5:43 | 14 | 9:53 | 33 | 11:50 |
| Finish | 1.80 | 10:44 | 5:57 | 13 | 2:08 | 35 | 2:30 | 9.40 | 54:16 | 5:46 | 13 | 12:01 | 36 | 25:28 |