



18. Sondershäuser Kristall-Lauf

Brügman-Schacht Sondershausen / 24.10.2015

Detailed evaluation

Breiter, Mario

Club: Leipzig
Number: 49

Course: 9.40 km
10 km (680 m unter der Erdoberfläche)

Category:
Männer 30 bis 39 Jahre

Total time: 55:41

Speed: 9.70 km/h
Running performance: 5:55 min/km

Rank in course/Total: 247 (of 373)

Rank in course/Men: 207 (of 286)

Best time in course: 31:07

Rank in category: 44(of 57)

Best time in the category: 31:07

Control	Intermediate times					Stage score				Total ranking				
	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Rundenzeit	2.20	13:03	5:55	50	6:01	238	6:01	2.20	13:03	5:55	50	6:01	238	6:01
Rundenzeit	1.80	10:39	5:55	53	4:41	233	4:41	4.00	23:42	5:55	51	10:42	238	10:42
Rundenzeit	1.80	10:49	6:00	47	4:41	220	4:41	5.80	34:31	5:57	49	15:20	230	15:20
Rundenzeit	1.80	11:06	6:09	48	5:03	219	5:03	7.60	45:37	6:00	48	20:23	222	20:23
Finish	1.80	10:04	5:35	38	4:13	160	9:55	9.40	55:41	5:55	44	24:34	211	24:34