



18. Sondershäuser Kristall-Lauf
Brügman-Schacht Sondershausen / 24.10.2015

Detailed evaluation

Wutzler, Sylvia

Club: Jena
Number: 426

Course: 9.40 km
10 km (680 m unter der Erdoberfläche)

Category:
Frauen 40 bis 49 Jahre

Total time: 56:46
Speed: 9.51 km/h
Running performance: 6:02 min/km
Rank in course/Total: 259 (of 373)
Rank in course/Women: 44 (of 87)
Best time in course: 42:15
Rank in category: 18(of 34)
Best time in the category: 42:15

Control	Intermediate times			Stage score				Total ranking						
	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Rundenzeit	2.20	13:28	6:07	27	4:18	66	5:00	2.20	13:28	6:07	27	4:18	66	5:00
Rundenzeit	1.80	10:45	5:58	21	2:48	55	3:26	4.00	24:13	6:03	26	7:06	64	8:26
Rundenzeit	1.80	10:49	6:00	18	2:40	42	2:58	5.80	35:02	6:02	22	9:46	57	11:24
Rundenzeit	1.80	11:05	6:09	18	2:42	43	3:01	7.60	46:07	6:04	21	12:28	52	14:25
Finish	1.80	10:39	5:55	12	2:03	34	2:25	9.40	56:46	6:02	19	14:31	48	27:58