



18. Sondershäuser Kristall-Lauf  
Brügman-Schacht Sondershausen / 24.10.2015

Detailed evaluation

Maksuti, Paul

Club: PADERPIRATEN e.V  
Number: 226

Course: 9.40 km  
10 km (680 m unter der Erdoberfläche)

Category:  
Männer 30 bis 39 Jahre

Total time: 57:15

Speed: 9.85 km/h  
Running performance: 6:05 min/km

Rank in course/Total: 268 (of 373)

Rank in course/Men: 219 (of 286)

Best time in course: 31:07

Rank in category: 46(of 57)

Best time in the category: 31:07

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Rundenzeit	2.20	13:36	6:10	55	6:34	259	6:34	2.20	13:36	6:10	55	6:34	259	6:34
Rundenzeit	1.80	10:35	5:52	50	4:37	228	4:37	4.00	24:11	6:02	55	11:11	248	11:11
Rundenzeit	1.80	11:03	6:08	50	4:55	231	4:55	5.80	35:14	6:04	53	16:03	247	16:03
Rundenzeit	1.80	10:52	6:02	46	4:49	209	4:49	7.60	46:06	6:03	51	20:52	234	20:52
Finish	1.80	11:09	6:11	46	5:18	204	11:00	9.40	57:15	6:05	46	26:08	223	26:08