



18. Sondershäuser Kristall-Lauf
Brügman-Schacht Sondershausen / 24.10.2015

Detailed evaluation

Warth, Peter

Club: TV 1904 Coburg Lützelbuch
Number: 400

Course: 9.40 km
10 km (680 m unter der Erdoberfläche)

Category:
Männer 50 bis 59 Jahre

Total time: 57:56

Speed: 9.74 km/h
Running performance: 6:10 min/km

Rank in course/Total: 277 (of 373)

Rank in course/Men: 225 (of 286)

Best time in course: 31:07

Rank in category: 57(of 80)

Best time in the category: 36:02

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Rundenzeit	2.20	13:41	6:13	70	5:52	263	6:39	2.20	13:41	6:13	70	5:52	263	6:39
Rundenzeit	1.80	10:48	6:00	62	3:57	244	4:50	4.00	24:29	6:07	67	9:49	257	11:29
Rundenzeit	1.80	11:06	6:09	61	4:01	233	4:58	5.80	35:35	6:08	63	13:50	250	16:24
Rundenzeit	1.80	11:05	6:09	56	3:58	218	5:02	7.60	46:40	6:08	62	17:39	244	21:26
Finish	1.80	11:16	6:15	54	11:07	208	11:07	9.40	57:56	6:09	57	21:54	229	26:49