



18. Sondershäuser Kristall-Lauf
Brügman-Schacht Sondershausen / 24.10.2015

Detailed evaluation

Technau, Robyn Lina

Club: Empor Bad Langensalza
Number: 374

Course: 9.40 km
10 km (680 m unter der Erdoberfläche)

Category:
Juniorinnen 16 bis 19 Jahre

Total time: 59:27

Speed: 9.08 km/h
Running performance: 6:19 min/km

Rank in course/Total: 297 (of 373)

Rank in course/Women: 59 (of 87)

Best time in course: 42:15

Rank in category: 1(of 4)

Best time in the category: 59:27

Control	Intermediate times			Stage score				Total ranking						
	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Rundenzeit	2.20	11:11	5:04	1	-	21	2:43	2.20	11:11	5:04	1	-	21	2:43
Rundenzeit	1.80	11:33	6:25	1	-	72	4:14	4.00	22:44	5:41	1	-	40	6:57
Rundenzeit	1.80	12:09	6:45	2	0:08	71	4:18	5.80	34:53	6:00	1	-	54	11:15
Rundenzeit	1.80	12:30	6:56	2	0:15	68	4:26	7.60	47:23	6:14	1	-	60	15:41
Finish	1.80	12:04	6:42	2	0:01	62	3:50	9.40	59:27	6:19	1	-	63	30:39