



18. Sondershäuser Kristall-Lauf
Brügman-Schacht Sondershausen / 24.10.2015

Detailed evaluation

Wetzel, Kerstin

Club: Berlin
Number: 409

Course: 9.40 km
10 km (680 m unter der Erdoberfläche)

Category:
Frauen 50 bis 59 Jahre

Total time: 1:01:10

Speed: 8.83 km/h
Running performance: 6:31 min/km

Rank in course/Total: 311 (of 373)

Rank in course/Women: 62 (of 87)

Best time in course: 42:15

Rank in category: 14(of 18)

Best time in the category: 45:34

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Stage score				Total ranking						
				Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Rundenzeit	2.20	13:27	6:06	15	3:30	65	4:59	2.20	13:27	6:06	15	3:30	65	4:59
Rundenzeit	1.80	11:16	6:15	14	2:39	67	3:57	4.00	24:43	6:10	14	6:09	67	8:56
Rundenzeit	1.80	11:43	6:30	14	2:51	61	3:52	5.80	36:26	6:16	14	9:00	68	12:48
Rundenzeit	1.80	12:34	6:58	15	3:27	71	4:30	7.60	49:00	6:26	14	12:27	68	17:18
Finish	1.80	12:10	6:45	14	3:09	64	3:56	9.40	1:01:10	6:30	14	15:36	66	32:22