



18. Sondershäuser Kristall-Lauf  
Brügman-Schacht Sondershausen / 24.10.2015

Detailed evaluation

Weidenmüller, Gudrun

Club: Duisburg  
Number: 403

Course: 9.40 km  
10 km (680 m unter der Erdoberfläche)

Category:  
Frauen 50 bis 59 Jahre

Total time: 1:02:32

Speed: 8.64 km/h  
Running performance: 6:39 min/km

Rank in course/Total: 318 (of 373)

Rank in course/Women: 66 (of 87)

Best time in course: 42:15

Rank in category: 16(of 18)

Best time in the category: 45:34

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Stage score				Total ranking						
				Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Rundenzeit	2.20	13:18	6:02	14	3:21	62	4:50	2.20	13:18	6:02	14	3:21	62	4:50
Rundenzeit	1.80	11:35	6:26	16	2:58	74	4:16	4.00	24:53	6:13	15	6:19	70	9:06
Rundenzeit	1.80	12:11	6:46	16	3:19	73	4:20	5.80	37:04	6:23	15	9:38	70	13:26
Rundenzeit	1.80	12:51	7:08	16	3:44	72	4:47	7.60	49:55	6:34	16	13:22	72	18:13
Finish	1.80	12:37	7:00	16	3:36	66	4:23	9.40	1:02:32	6:39	16	16:58	70	33:44