



18. Sondershäuser Kristall-Lauf
Brügman-Schacht Sondershausen / 24.10.2015

Detailed evaluation

Schröder, Simone

Club: Turnerschaft Bielefeld v. 1878 e.V.
Number: 341

Course: 9.40 km
10 km (680 m unter der Erdoberfläche)

Category:
Juniorinnen 16 bis 19 Jahre

Total time: 1:03:07

Speed: 8.56 km/h
Running performance: 6:43 min/km

Rank in course/Total: 319 (of 373)

Rank in course/Women: 67 (of 87)

Best time in course: 42:15

Rank in category: 3(of 4)

Best time in the category: 59:27

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Stage score				Total ranking						
				Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Rundenzeit	2.20	13:29	6:07	2	2:18	67	5:01	2.20	13:29	6:07	2	2:18	67	5:01
Rundenzeit	1.80	11:55	6:37	3	0:22	76	4:36	4.00	25:24	6:20	2	2:40	75	9:37
Rundenzeit	1.80	12:44	7:04	3	0:43	75	4:53	5.80	38:08	6:34	3	3:15	75	14:30
Rundenzeit	1.80	12:56	7:11	3	0:41	74	4:52	7.60	51:04	6:43	3	3:41	74	19:22
Finish	1.80	12:03	6:41	1	-	60	3:49	9.40	1:03:07	6:42	3	3:40	71	34:19