



18. Sondershäuser Kristall-Lauf
Brügman-Schacht Sondershausen / 24.10.2015

Detailed evaluation

Barthel, Thomas

Club: Wolfsberg
Number: 13

Course: 9.40 km
10 km (680 m unter der Erdoberfläche)

Category:
Männer 40 bis 49 Jahre

Total time: 1:05:15

Speed: 8.28 km/h
Running performance: 6:56 min/km

Rank in course/Total: 329 (of 373)

Rank in course/Men: 260 (of 286)

Best time in course: 31:07

Rank in category: 84(of 91)

Best time in the category: 33:10

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Rundenzeit	2.20	14:04	6:23	91	6:54	272	7:02	2.20	14:04	6:23	91	6:54	272	7:02
Rundenzeit	1.80	12:19	6:50	91	5:58	274	6:21	4.00	26:23	6:35	91	12:52	273	13:23
Rundenzeit	1.80	12:46	7:05	91	6:17	273	6:38	5.80	39:09	6:45	91	19:09	273	19:58
Rundenzeit	1.80	13:01	7:13	88	6:23	269	6:58	7.60	52:10	6:51	89	25:32	270	26:56
Finish	1.80	13:05	7:16	79	6:33	245	12:56	9.40	1:05:15	6:56	86	32:05	268	34:08