



18. Sondershäuser Kristall-Lauf
Brügman-Schacht Sondershausen / 24.10.2015

Detailed evaluation

Deutschmann, Joachim

Club: Nordkirchen

Number: 58

Course: 9.40 km

10 km (680 m unter der Erdoberfläche)

Category:

Männer 60 bis 69 Jahre

Total time: 1:05:19

Speed: 8.63 km/h

Running performance: 6:57 min/km

Rank in course/Total: 331 (of 373)

Rank in course/Men: 261 (of 286)

Best time in course: 31:07

Rank in category: 16(of 20)

Best time in the category: 38:39

Intermediate times

Stage score

Total ranking

| Control | Split km | Split Time | Split min/km | Pos Cat. | Behind Cat. | Stage score | | Total ranking | | | | | | |
|------------|-------------|---------------|-----------------|-------------|----------------|-------------|---------------|---------------|---------------|-----------------|-------------|----------------|------------|---------------|
| | | | | | | Pos Men | Behind Men | Total km | Total Time | Total min/km | Pos Cat. | Behind Cat. | Pos Men | Behind Men |
| Rundenzeit | 2.20 | 14:06 | 6:24 | 16 | 5:37 | 273 | 7:04 | 2.20 | 14:06 | 6:24 | 16 | 5:37 | 273 | 7:04 |
| Rundenzeit | 1.80 | 11:38 | 6:27 | 15 | 4:15 | 263 | 5:40 | 4.00 | 25:44 | 6:26 | 16 | 9:52 | 269 | 12:44 |
| Rundenzeit | 1.80 | 12:13 | 6:47 | 15 | 4:38 | 261 | 6:05 | 5.80 | 37:57 | 6:32 | 15 | 14:30 | 267 | 18:46 |
| Rundenzeit | 1.80 | 13:45 | 7:38 | 18 | 6:04 | 277 | 7:42 | 7.60 | 51:42 | 6:48 | 16 | 20:34 | 269 | 26:28 |
| Finish | 1.80 | 13:37 | 7:33 | 19 | 13:24 | 250 | 13:28 | 9.40 | 1:05:19 | 6:56 | 18 | 26:40 | 269 | 34:12 |