



18. Sondershäuser Kristall-Lauf
Brügman-Schacht Sondershausen / 24.10.2015

Detailed evaluation

Weustenfeld, Hubert

Club: Recklinghausen
Number: 410

Course: 9.40 km
10 km (680 m unter der Erdoberfläche)

Category:
Männer 60 bis 69 Jahre

Total time: 1:07:22

Speed: 8.37 km/h
Running performance: 7:10 min/km

Rank in course/Total: 343 (of 373)

Rank in course/Men: 269 (of 286)

Best time in course: 31:07

Rank in category: 18(of 20)

Best time in the category: 38:39

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total		Total		Total		Pos Cat.	Behind Cat.	Pos Men	Behind Men	
								km	Time	min/km	Pos	Behind	Pos					Behind
Rundenzeit	2.20	14:48	6:43	19	6:19	279	7:46	2.20	14:48	6:43	19	6:19	279	7:46				
Rundenzeit	1.80	13:00	7:13	19	5:37	278	7:02	4.00	27:48	6:57	19	11:56	279	14:48				
Rundenzeit	1.80	13:17	7:22	18	5:42	277	7:09	5.80	41:05	7:05	18	17:38	278	21:54				
Rundenzeit	1.80	13:10	7:18	17	5:29	271	7:07	7.60	54:15	7:08	18	23:07	276	29:01				
Finish	1.80	13:07	7:17	17	12:54	246	12:58	9.40	1:07:22	7:09	20	28:43	277	36:15				