



18. Sondershäuser Kristall-Lauf
Brügman-Schacht Sondershausen / 24.10.2015

Detailed evaluation

Blumentritt, Nick

Club: Die Werkstatt Peter und Koch
Number: 39

Course: 9.40 km
10 km (680 m unter der Erdoberfläche)

Category:
Männer 30 bis 39 Jahre

Total time: 1:10:40

Speed: 7.98 km/h
Running performance: 7:31 min/km

Rank in course/Total: 352 (of 373)

Rank in course/Men: 274 (of 286)

Best time in course: 31:07

Rank in category: 56(of 57)

Best time in the category: 31:07

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Rundenzeit	2.20	14:31	6:35	56	7:29	277	7:29	2.20	14:31	6:35	56	7:29	277	7:29
Rundenzeit	1.80	13:27	7:28	56	7:29	280	7:29	4.00	27:58	6:59	56	14:58	280	14:58
Rundenzeit	1.80	14:05	7:49	56	7:57	279	7:57	5.80	42:03	7:15	56	22:52	279	22:52
Rundenzeit	1.80	14:24	8:00	56	8:21	278	8:21	7.60	56:27	7:25	56	31:13	277	31:13
Finish	1.80	14:13	7:53	49	8:22	253	14:04	9.40	1:10:40	7:31	57	39:33	282	39:33