



18. Sondershäuser Kristall-Lauf
Brügman-Schacht Sondershausen / 24.10.2015

Detailed evaluation

Brandt, Gabriele

Club: Rote Schnecke
Number: 47

Course: 9.40 km
10 km (680 m unter der Erdoberfläche)

Category:
Frauen 50 bis 59 Jahre

Total time: 1:14:51

Speed: 7.21 km/h
Running performance: 7:58 min/km

Rank in course/Total: 358 (of 373)

Rank in course/Women: 82 (of 87)

Best time in course: 42:15

Rank in category: 17(of 18)

Best time in the category: 45:34

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Stage score				Total ranking						
				Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Rundenzeit	2.20	14:22	6:31	17	4:25	80	5:54	2.20	14:22	6:31	17	4:25	80	5:54
Rundenzeit	1.80	13:24	7:26	17	4:47	84	6:05	4.00	27:46	6:56	17	9:12	82	11:59
Rundenzeit	1.80	14:38	8:07	17	5:46	83	6:47	5.80	42:24	7:18	17	14:58	82	18:46
Rundenzeit	1.80	15:12	8:26	17	6:05	82	7:08	7.60	57:36	7:34	17	21:03	82	25:54
Finish	1.80	17:15	9:35	18	8:14	79	9:01	9.40	1:14:51	7:57	17	29:17	86	46:03