



18. Sondershäuser Kristall-Lauf
Brügman-Schacht Sondershausen / 24.10.2015

Detailed evaluation

Eichler, Thomas

Club: LG Oerlinghausen
Number: 65

Course: 9.40 km
10 km (680 m unter der Erdoberfläche)

Category:
Männer 40 bis 49 Jahre

Total time: 40:53

Speed: 13.80 km/h
Running performance: 4:21 min/km

Rank in course/Total: 45 (of 373)

Rank in course/Men: 45 (of 286)

Best time in course: 31:07

Rank in category: 12(of 91)

Best time in the category: 33:10

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Rundenzeit	2.20	9:16	4:12	14	2:06	55	2:14	2.20	9:16	4:12	14	2:06	55	2:14
Rundenzeit	1.80	7:50	4:21	17	1:29	58	1:52	4.00	17:06	4:16	16	3:35	53	4:06
Rundenzeit	1.80	7:48	4:19	8	1:19	36	1:40	5.80	24:54	4:17	15	4:54	51	5:43
Rundenzeit	1.80	7:56	4:24	8	1:18	37	1:53	7.60	32:50	4:19	12	6:12	46	7:36
Finish	1.80	8:03	4:28	14	1:31	50	7:54	9.40	40:53	4:20	13	7:43	47	9:46