



18. Sondershäuser Kristall-Lauf

Brügman-Schacht Sondershausen / 24.10.2015

Detailed evaluation

Schmidt, Axel

Club: Botenläufer Wittenberg
Number: 321

Course: 9.40 km
10 km (680 m unter der Erdoberfläche)

Category:
Männer 40 bis 49 Jahre

Total time: 40:53

Speed: 13.80 km/h
Running performance: 4:21 min/km

Rank in course/Total: 46 (of 373)

Rank in course/Men: 45 (of 286)

Best time in course: 31:07

Rank in category: 12(of 91)

Best time in the category: 33:10

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Rundenzeit	2.20	9:31	4:19	18	2:21	67	2:29	2.20	9:31	4:19	18	2:21	67	2:29
Rundenzeit	1.80	7:36	4:13	12	1:15	43	1:38	4.00	17:07	4:16	17	3:36	54	4:07
Rundenzeit	1.80	7:50	4:21	9	1:21	37	1:42	5.80	24:57	4:18	16	4:57	52	5:46
Rundenzeit	1.80	8:00	4:26	10	1:22	41	1:57	7.60	32:57	4:20	13	6:19	49	7:43
Finish	1.80	7:56	4:24	12	1:24	46	7:47	9.40	40:53	4:20	13	7:43	47	9:46