



18. Sondershäuser Kristall-Lauf
Brügman-Schacht Sondershausen / 24.10.2015

Detailed evaluation

Orth, Sebastian

Club: TGV Schotten
Number: 263

Course: 9.40 km
10 km (680 m unter der Erdoberfläche)

Category:
Männer 30 bis 39 Jahre

Total time: 42:42

Speed: 12.65 km/h
Running performance: 4:32 min/km

Rank in course/Total: 60 (of 373)

Rank in course/Men: 58 (of 286)

Best time in course: 31:07

Rank in category: 21(of 57)

Best time in the category: 31:07

Intermediate times

Stage score

Total ranking

| Control | Split km | Split Time | Split min/km | Pos Cat. | Behind Cat. | Stage score | | Total ranking | | | | | | |
|------------|-------------|---------------|-----------------|-------------|----------------|-------------|---------------|---------------|---------------|-----------------|-------------|----------------|------------|---------------|
| | | | | | | Pos Men | Behind Men | Total km | Total Time | Total min/km | Pos Cat. | Behind Cat. | Pos Men | Behind Men |
| Rundenzeit | 2.20 | 9:26 | 4:17 | 24 | 2:24 | 60 | 2:24 | 2.20 | 9:26 | 4:17 | 24 | 2:24 | 60 | 2:24 |
| Rundenzeit | 1.80 | 8:05 | 4:29 | 24 | 2:07 | 66 | 2:07 | 4.00 | 17:31 | 4:22 | 24 | 4:31 | 62 | 4:31 |
| Rundenzeit | 1.80 | 8:26 | 4:41 | 24 | 2:18 | 69 | 2:18 | 5.80 | 25:57 | 4:28 | 24 | 6:46 | 62 | 6:46 |
| Rundenzeit | 1.80 | 8:28 | 4:42 | 21 | 2:25 | 61 | 2:25 | 7.60 | 34:25 | 4:31 | 22 | 9:11 | 60 | 9:11 |
| Finish | 1.80 | 8:17 | 4:36 | 22 | 2:26 | 64 | 8:08 | 9.40 | 42:42 | 4:32 | 21 | 11:35 | 61 | 11:35 |