



18. Sondershäuser Kristall-Lauf
Brügman-Schacht Sondershausen / 24.10.2015

Detailed evaluation

Vitzthum, Peter

Club: OLC Svijany Jena
Number: 386

Course: 9.40 km
10 km (680 m unter der Erdoberfläche)

Category:
Männer 50 bis 59 Jahre

Total time: 42:56

Speed: 12.58 km/h
Running performance: 4:34 min/km

Rank in course/Total: 62 (of 373)

Rank in course/Men: 60 (of 286)

Best time in course: 31:07

Rank in category: 8(of 80)

Best time in the category: 36:02

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Rundenzeit	2.20	8:58	4:04	6	1:09	48	1:56	2.20	8:58	4:04	6	1:09	48	1:56
Rundenzeit	1.80	8:24	4:40	13	1:33	87	2:26	4.00	17:22	4:20	6	2:42	58	4:22
Rundenzeit	1.80	8:35	4:46	11	1:30	81	2:27	5.80	25:57	4:28	8	4:12	62	6:46
Rundenzeit	1.80	8:40	4:48	12	1:33	80	2:37	7.60	34:37	4:33	8	5:36	61	9:23
Finish	1.80	8:19	4:37	11	8:10	67	8:10	9.40	42:56	4:34	8	6:54	63	11:49