



18. Sondershäuser Kristall-Lauf

Brügman-Schacht Sondershausen / 24.10.2015

Detailed evaluation

Kolár, Petr

Club: Gerresheimer
Number: 178

Course: 9.40 km
10 km (680 m unter der Erdoberfläche)

Category:
Männer 40 bis 49 Jahre

Total time: 42:56

Speed: 12.58 km/h
Running performance: 4:34 min/km

Rank in course/Total: 63 (of 373)

Rank in course/Men: 60 (of 286)

Best time in course: 31:07

Rank in category: 20(of 91)

Best time in the category: 33:10

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Rundenzeit	2.20	9:44	4:25	22	2:34	76	2:42	2.20	9:44	4:25	22	2:34	76	2:42
Rundenzeit	1.80	8:06	4:30	22	1:45	67	2:08	4.00	17:50	4:27	22	4:19	73	4:50
Rundenzeit	1.80	8:19	4:37	20	1:50	61	2:11	5.80	26:09	4:30	21	6:09	67	6:58
Rundenzeit	1.80	8:31	4:43	21	1:53	64	2:28	7.60	34:40	4:33	21	8:02	63	9:26
Finish	1.80	8:16	4:35	19	1:44	63	8:07	9.40	42:56	4:34	22	9:46	63	11:49