



18. Sondershäuser Kristall-Lauf  
Brügman-Schacht Sondershausen / 24.10.2015

Detailed evaluation

Bergmann, Kai

Club: Chemnitz  
Number: 25

Course: 9.40 km  
10 km (680 m unter der Erdoberfläche)

Category:  
Männer 30 bis 39 Jahre

Total time: 42:58

Speed: 12.57 km/h  
Running performance: 4:34 min/km

Rank in course/Total: 64 (of 373)

Rank in course/Men: 62 (of 286)

Best time in course: 31:07

Rank in category: 22(of 57)

Best time in the category: 31:07

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking							
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	
Rundenzeit	2.20	10:24	4:43	33	3:22	110	3:22	2.20	10:24	4:43	33	3:22	110	3:22	
Rundenzeit	1.80	7:44	4:17	22	1:46	53	1:46	4.00	18:08	4:31	30	5:08	80	5:08	
Rundenzeit	1.80	8:03	4:28	18	1:55	46	1:55	5.80	26:11	4:30	26	7:00	69	7:00	
Rundenzeit	1.80	8:34	4:45	23	2:31	68	2:31	7.60	34:45	4:34	25	9:31	67	9:31	
Finish	1.80	8:13	4:33	20	2:22	60	8:04	9.40	42:58	4:34	22	11:51	65	11:51	