



18. Sondershäuser Kristall-Lauf
Brügman-Schacht Sondershausen / 24.10.2015

Detailed evaluation

Bopp, Stefan

Club: JSG Nörten
Number: 41

Course: 9.40 km
10 km (680 m unter der Erdoberfläche)

Category:
Männer 20 bis 29 Jahre

Total time: 43:02

Speed: 13.11 km/h
Running performance: 4:35 min/km

Rank in course/Total: 65 (of 373)

Rank in course/Men: 63 (of 286)

Best time in course: 31:07

Rank in category: 8(of 22)

Best time in the category: 33:09

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos		Behind		Total			Pos		Behind	
				Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Rundenzeit	2.20	10:54	4:57	12	3:45	135	3:52	2.20	10:54	4:57	12	3:45	135	3:52
Rundenzeit	1.80	8:09	4:31	8	1:50	70	2:11	4.00	19:03	4:45	11	5:33	105	6:03
Rundenzeit	1.80	8:07	4:30	6	1:39	51	1:59	5.80	27:10	4:41	10	7:12	88	7:59
Rundenzeit	1.80	8:02	4:27	6	1:24	43	1:59	7.60	35:12	4:37	8	8:36	73	9:58
Finish	1.80	7:50	4:21	6	1:17	41	7:41	9.40	43:02	4:34	8	9:53	66	11:55