



18. Sondershäuser Kristall-Lauf

Brügman-Schacht Sondershausen / 24.10.2015

Detailed evaluation

Bürger, Silvio

Club: Rarámuri
Number: 54

Course: 9.40 km
10 km (680 m unter der Erdoberfläche)

Category:
Männer 40 bis 49 Jahre

Total time: 43:18

Speed: 12.47 km/h
Running performance: 4:37 min/km

Rank in course/Total: 70 (of 373)

Rank in course/Men: 68 (of 286)

Best time in course: 31:07

Rank in category: 23(of 91)

Best time in the category: 33:10

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Rundenzeit	2.20	10:15	4:39	33	3:05	104	3:13	2.20	10:15	4:39	33	3:05	104	3:13
Rundenzeit	1.80	8:03	4:28	21	1:42	64	2:05	4.00	18:18	4:34	28	4:47	88	5:18
Rundenzeit	1.80	8:19	4:37	20	1:50	61	2:11	5.80	26:37	4:35	25	6:37	77	7:26
Rundenzeit	1.80	8:38	4:47	25	2:00	76	2:35	7.60	35:15	4:38	24	8:37	75	10:01
Finish	1.80	8:03	4:28	14	1:31	50	7:54	9.40	43:18	4:36	25	10:08	71	12:11