



18. Sondershäuser Kristall-Lauf  
Brügman-Schacht Sondershausen / 24.10.2015

Detailed evaluation

Liebscher, Marcel

Club: SV Braunsbedra  
Number: 206

Course: 9.40 km  
10 km (680 m unter der Erdoberfläche)

Category:  
Männer 30 bis 39 Jahre

Total time: 43:19

Speed: 13.02 km/h  
Running performance: 4:37 min/km

Rank in course/Total: 71 (of 373)

Rank in course/Men: 69 (of 286)

Best time in course: 31:07

Rank in category: 25(of 57)

Best time in the category: 31:07

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Rundenzeit	2.20	9:37	4:22	27	2:35	71	2:35	2.20	9:37	4:22	27	2:35	71	2:35
Rundenzeit	1.80	8:20	4:37	28	2:22	81	2:22	4.00	17:57	4:29	27	4:57	75	4:57
Rundenzeit	1.80	8:23	4:39	23	2:15	65	2:15	5.80	26:20	4:32	27	7:09	70	7:09
Rundenzeit	1.80	8:36	4:46	24	2:33	71	2:33	7.60	34:56	4:35	27	9:42	71	9:42
Finish	1.80	8:23	4:39	26	2:32	71	8:14	9.40	43:19	4:36	25	12:12	72	12:12