



18. Sondershäuser Kristall-Lauf
Brügman-Schacht Sondershausen / 24.10.2015

Detailed evaluation

Hien, Peter

Club: Grubenwehr Bergwerk Ost
Number: 133

Course: 9.40 km
10 km (680 m unter der Erdoberfläche)

Category:
Männer 50 bis 59 Jahre

Total time: 43:59

Speed: 12.82 km/h
Running performance: 4:41 min/km

Rank in course/Total: 75 (of 373)

Rank in course/Men: 73 (of 286)

Best time in course: 31:07

Rank in category: 10(of 80)

Best time in the category: 36:02

Intermediate times

Stage score

Total ranking

| Control | Split km | Split Time | Split min/km | Pos Cat. | Behind Cat. | Stage score | | Total ranking | | | | | | |
|------------|-------------|---------------|-----------------|-------------|----------------|-------------|---------------|---------------|---------------|-----------------|-------------|----------------|------------|---------------|
| | | | | | | Pos Men | Behind Men | Total km | Total Time | Total min/km | Pos Cat. | Behind Cat. | Pos Men | Behind Men |
| Rundenzeit | 2.20 | 10:54 | 4:57 | 27 | 3:05 | 135 | 3:52 | 2.20 | 10:54 | 4:57 | 27 | 3:05 | 135 | 3:52 |
| Rundenzeit | 1.80 | 8:19 | 4:37 | 11 | 1:28 | 79 | 2:21 | 4.00 | 19:13 | 4:48 | 23 | 4:33 | 109 | 6:13 |
| Rundenzeit | 1.80 | 8:22 | 4:38 | 9 | 1:17 | 64 | 2:14 | 5.80 | 27:35 | 4:45 | 18 | 5:50 | 100 | 8:24 |
| Rundenzeit | 1.80 | 8:13 | 4:33 | 8 | 1:06 | 49 | 2:10 | 7.60 | 35:48 | 4:42 | 13 | 6:47 | 83 | 10:34 |
| Finish | 1.80 | 8:11 | 4:32 | 9 | 8:02 | 58 | 8:02 | 9.40 | 43:59 | 4:40 | 10 | 7:57 | 76 | 12:52 |