



18. Sondershäuser Kristall-Lauf
Brügman-Schacht Sondershausen / 24.10.2015

Detailed evaluation

Kühlewind, Armin

Club: Die jungen Wilden Potsdam
Number: 195

Course: 9.40 km
10 km (680 m unter der Erdoberfläche)

Category:
Junioren 16 bis 19 Jahre

Total time: 44:57

Speed: 12.01 km/h
Running performance: 4:47 min/km

Rank in course/Total: 86 (of 373)

Rank in course/Men: 83 (of 286)

Best time in course: 31:07

Rank in category: 4(of 9)

Best time in the category: 34:49

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Rundenzeit	2.20	10:06	4:35	4	2:26	96	3:04	2.20	10:06	4:35	4	2:26	96	3:04
Rundenzeit	1.80	8:39	4:48	5	2:06	106	2:41	4.00	18:45	4:41	4	4:32	96	5:45
Rundenzeit	1.80	8:45	4:51	5	1:54	89	2:37	5.80	27:30	4:44	4	6:26	96	8:19
Rundenzeit	1.80	8:46	4:52	5	1:58	83	2:43	7.60	36:16	4:46	5	8:24	90	11:02
Finish	1.80	8:41	4:49	4	1:44	81	8:32	9.40	44:57	4:46	4	10:08	86	13:50