



18. Sondershäuser Kristall-Lauf  
Brügman-Schacht Sondershausen / 24.10.2015

Detailed evaluation

Schlicker, Günter

Club: Grubenwehr Bergwerk Ost  
Number: 317

Course: 9.40 km  
10 km (680 m unter der Erdoberfläche)

Category:  
Männer 50 bis 59 Jahre

Total time: 45:17

Speed: 11.92 km/h  
Running performance: 4:49 min/km

Rank in course/Total: 93 (of 373)

Rank in course/Men: 90 (of 286)

Best time in course: 31:07

Rank in category: 14(of 80)

Best time in the category: 36:02

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Rundenzeit	2.20	9:59	4:32	15	2:10	87	2:57	2.20	9:59	4:32	15	2:10	87	2:57
Rundenzeit	1.80	8:50	4:54	26	1:59	121	2:52	4.00	18:49	4:42	18	4:09	97	5:49
Rundenzeit	1.80	8:47	4:52	16	1:42	96	2:39	5.80	27:36	4:45	19	5:51	101	8:25
Rundenzeit	1.80	8:56	4:57	15	1:49	95	2:53	7.60	36:32	4:48	16	7:31	95	11:18
Finish	1.80	8:45	4:51	14	8:36	83	8:36	9.40	45:17	4:49	14	9:15	93	14:10