



25. Sparkassen Sonnenwendlauf

Leipzig - Mühlwiese / 19.06.2015

Detailed evaluation

Polster, Christian

Club: Lauftraining

Number: 238

Course: 10.00 km

Volkslauf

Category:

Senioren M35 (35-39 Jahre)

Total time: 50:17

Speed: 11.93 km/h

Running performance: 5:02 min/km

Rank in course/Total: 13 (of 37)

Rank in course/Men: 10 (of 19)

Best time in course: 43:14

Rank in category: 2(of 2)

Best time in the category: 47:21