



9. Thüringer ULTRA
Fröttstädt / 04.07.2015

Detailed evaluation

Rennsteig-Runners

Number: 4023

Course: 100.22 km

Staffel 4x25 km

Category:

Männerstaffel

Total time: 8:40:18

Speed: 11.53 km/h

Running performance: 5:11 min/km

Rank in course: 3 (of 37)

Best time in course: 7:37:54

Rank in category: 3(of 23)

Best time in the category: 7:37:54

Control	Intermediate times				Stage score				Total ranking					
	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total
Glasbachwiese	27.39	2:35:38	5:40	9	23:38	11	23:38	27.39	2:35:38	5:40	9	23:38	11	23:38
Floh-Seligenthal	27.74	2:14:12	4:50	3	19:06	4	19:06	55.13	4:49:50	5:15	3	39:30	4	39:30
Finsterbergen	22.03	2:07:52	5:48	10	31:54	13	31:54	77.16	6:57:42	5:24	6	1:08:06	7	1:08:06
Fröttstädt	23.06	1:42:36	4:26	1	-	1	-	100.22	8:40:18	5:11	3	1:02:24	3	1:02:24