



9. Thüringer ULTRA
Fröttstädt / 04.07.2015

Detailed evaluation

Gothe, Stefan

Club: Triathlon Friedrichroda e.V.
Number: 39

Course: 100.22 km
Einzellauf

Category:
Senioren M40 (40-44 Jahre)

Total time: 13:08:08

Speed: 7.63 km/h
Running performance: 7:52 min/km

Rank in course/Total: 61 (of 246)

Rank in course/Men: 57 (of 215)

Best time in course: 8:53:45

Rank in category: 8(of 31)

Best time in the category: 10:44:38

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Glasbachwiese	27.39	2:49:26	6:11	7	30:25	39	38:29	27.39	2:49:26	6:11	7	30:25	39	38:29
Floh-Seligenthal	27.74	2:52:53	6:13	6	22:54	28	31:13	55.13	5:42:19	6:12	6	53:19	31	1:09:42
Finsterbergen	22.03	3:10:50	8:39	10	42:00	56	1:21:16	77.16	8:53:09	6:54	6	1:19:57	38	2:08:46
Fröttstädt	23.06	4:14:59	11:03	18	1:30:34	112	2:05:37	100.22	13:08:08	7:51	8	2:23:30	57	4:14:23