



9. Thüringer ULTRA
Fröttstädt / 04.07.2015

Detailed evaluation

Miller, Alex

Club: Team Miller-Udell
Number: 45

Course: 100.22 km
Einzellauf

Category:
Senioren M35 (35-39 Jahre)

Total time: 13:37:49

Speed: 7.35 km/h
Running performance: 8:10 min/km

Rank in course/Total: 75 (of 246)

Rank in course/Men: 70 (of 215)

Best time in course: 8:53:45

Rank in category: 12(of 23)

Best time in the category: 10:13:58

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Glasbachwiese	27.39	3:20:41	7:19	14	59:08	113	1:09:44	27.39	3:20:41	7:19	14	59:08	113	1:09:44
Floh-Seligenthal	27.74	3:15:27	7:02	12	46:51	79	53:47	55.13	6:36:08	7:11	13	1:41:06	91	2:03:31
Finsterbergen	22.03	3:31:14	9:35	13	1:08:33	81	1:41:40	77.16	10:07:22	7:52	13	2:42:45	83	3:22:59
Fröttstädt	23.06	3:30:27	9:07	7	1:08:13	47	1:21:05	100.22	13:37:49	8:09	12	3:23:51	70	4:44:04