



9. Thüringer ULTRA
Fröttstädt / 04.07.2015

Detailed evaluation

Zehring, Uwe

Club: DUV Oschersleben
Number: 46

Course: 100.22 km
Einzellauf

Category:
Senioren M50 (50-54 Jahre)

Total time: 13:45:09

Speed: 7.27 km/h
Running performance: 8:14 min/km

Rank in course/Total: 78 (of 246)

Rank in course/Men: 72 (of 215)

Best time in course: 8:53:45

Rank in category: 12(of 59)

Best time in the category: 9:28:47

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Glasbachwiese	27.39	3:34:59	7:50	47	1:17:46	154	1:24:02	27.39	3:34:59	7:50	47	1:17:46	154	1:24:02
Floh-Seligenthal	27.74	3:40:09	7:56	36	1:17:54	130	1:18:29	55.13	7:15:08	7:53	38	2:35:40	140	2:42:31
Finsterbergen	22.03	3:25:27	9:19	15	1:03:36	77	1:35:53	77.16	10:40:35	8:18	27	3:39:16	108	3:56:12
Fröttstädt	23.06	3:04:34	8:00	3	37:06	21	55:12	100.22	13:45:09	8:14	12	4:16:22	72	4:51:24